

CCSNH COVID-19 Student Social Compact

As members of this campus community, we face a serious public health situation that requires a new level of awareness and caution in our daily lives. As a caring community, we understand that our health and safety depend on how well we take care of ourselves and each other. As a member of this community I promise to responsibly protect my health and the health of others. I make these efforts to help prevent the spread of COVID-19 and other risks to our community's health and to best preserve the learning opportunity available to me as a student at this college.

The virus that causes COVID-19 is highly contagious. It is possible to develop and contract COVID-19, even when individuals follow all of the safety precautions recommended by the CDC, the State of New Hampshire, and the College. NH's community colleges are following coronavirus guidelines issued by the CDC, the NH Department of Health and Human Services (DHHS), and other reliable resources to reduce the spread of infection. However, by engaging in on- or off-campus activities, students, faculty and staff can never be completely shielded from all risk of exposure or illness caused by COVID-19 or other infections.

Maintaining college instructional and service activities is dependent upon how well ALL members of our college community adhere to public health recommendations and expectations. Significant changes in the trajectory of the virus may result in changes to instructional and campus operational plans. It is in all of our best interests to do our part to arrest the spread of COVID-19. To protect myself and others, and preserve the opportunity of learning in this campus setting, I understand that as a member of the CCSNH community I will be expected to:

PROTECT MYSELF

1. Monitor for the symptoms of COVID-19 and report as directed by the college and to a medical professional if I experience fever of 100.0° F (38° C) or higher, dry cough, difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat or loss of taste or smell
2. [Wash my hands often](#) with soap and water or use hand sanitizer
3. Maintain appropriate physical distancing, especially in indoor settings
4. Get vaccinated for the flu as recommended by NH public health authorities
5. Follow all other recommendations of public health officials in [my state](#)

PROTECT OTHERS

1. Stay home if feeling ill or after exposure to someone who is ill or has tested positive for COVID-19
2. Wear an appropriate [face covering](#) and other protective gear as directed by the college
3. Be positive, sensitive and helpful to anyone around me who may be troubled or struggling

4. Recognize that others may have health conditions or relevant family circumstances that are private and respect their needs for personal and community precautions
5. Understand that individuals can have COVID-19 yet be asymptomatic and therefore an unknown carrier of the virus

PROTECT MY COLLEGE COMMUNITY

1. Keep clothing, belongings, personal spaces and shared common spaces clean
2. Carefully observe instructional signs and follow directions
3. Inform the designated COVID-19 Contact Person at my college if I have a positive test or are experiencing symptoms associated with COVID-10
4. Participate as requested in testing and contact tracing to preserve the wellness of the community
5. Recognize that COVID-19 does not stop at campus boundaries and be aware that my behavior outside campus can create risks for my on-campus community
6. Behave with compassion and understand that we are all doing the best we can in unprecedented circumstances. Share concern rather than anger or blame.

PROTECT MY SURROUNDING COMMUNITY

1. Complete [required precautions](#) prior to arrival on campus, or if you have had to leave the state for non-essential purposes
2. Self-isolate in accordance with [NH DHHS guidelines](#) if I test positive for COVID-19
3. Practice safe physical distancing when participating in the community outside of the campus
4. Pay attention to and observe local and state directives
5. Remember that not everyone is affected equally by COVID-19. By complying with COVID-19 health guidelines, I will help those who are most vulnerable to stay safe.
6. This virus does not discriminate and neither will I. No person or group of people is responsible for this virus and I will not blame the presence of COVID-19 on anyone in my community.

This Social Compact is part of the Student Code of Conduct adopted for the 2019-20 academic year.