

Your Student Assistance Program (SAP) offers a variety of resources designed to support wellness, enhance academic performance and help students resolve a wide range of issues to restore personal effectiveness. These Kepro services provide confidential, professional support at no cost to you.



## Student Assistance Program Products & Resources



### **AVAILABLE 24 HOURS, 7 DAYS A WEEK**

Toll-Free Phone: 1.844.854.7281

EAP website: [www.eaphelplink.com](http://www.eaphelplink.com)

Company Code: CCSNH



### **COUNSELING & SUPPORT**

Sometimes we can all use a little help dealing with life's challenges whether it's stress, worry, relationship issues, or substance abuse issues. Your Student Assistance Program (SAP) offers you up to six free in-person, phone or video confidential counseling sessions per issue with a highly qualified counselor.



### **LEGAL SERVICES**

Legal concerns can be stressful, costly and time consuming. Reach out to Kepro for a referral for a free 30-minute consultation with a lawyer for any issue, except labor law. After the 30-minutes, you will receive a 25% discount for additional time and services. General legal information and forms, including a simple Will Form, can be found at [www.eaphelplink.com](http://www.eaphelplink.com).



### **FINANCIAL SERVICES**

Do you need help with managing finances? Reach out to Kepro for a free 30-minute phone consultation with a financial expert. Additional information on budgeting, taxes, student debt management and much more can be found at [www.eaphelplink.com](http://www.eaphelplink.com).



### **ELDERCARE SUPPORT & RESOURCES**

If you are worried about an older family member or friend, speak with our eldercare specialists to receive support and resources, regardless of geographic location. We can help provide guidance on Medicare, Medicaid, home health services, community resource and much more.



### **CHILDCARE SUPPORT & RESOURCES**

Are you looking for childcare resources? Reach out to Kepro and ask to talk to our childcare specialists.



### **CONVENIENCE SERVICES**

Whether you need help finding someone to walk your dog, travel planning, or scholarship and financial aid resources, you have access to Work-Life Consultants who act as a personal concierge and can help you alleviate stress.



### **ARTICLES & RESOURCES**

The SAP website provides you with tools and information to address life's pressing concerns. You will find webinars, topics of interest and videos on many life issues. Additionally, you can access calculators and resources for childcare, eldercare, health issues and financial information.